

Acorn Hill Waldorf Kindergarten & Nursery presents

Biodynamic Gardening Workshop



Springtime in the Garden!

Sat. March 23rd
1-3 pm

Join our own biodynamic gardening expert, **Carol St. John**, and her guest, **Sally Voris**, to help prepare our Acorn Hill garden for spring. Sally is the owner of White Rose Farm, a Biodynamic agricultural farm in Carroll County. **Together we will:**

- ◆ Turn over the garden beds.
- ◆ Apply and nourish the soil with biodynamic preparations of **Horn Manure** and **Barrel Compost**. Learn what these preparations are and what they do.
- ◆ Plant peas in the upper garden.
- ◆ Make **Thalassa Mud balls**. Afterward, toss them in a stream with this blessing: *“May the healing energy of these hands and this heart bring healing energy to this water and all that it touches.”*



Feel free to bring a picnic lunch and eat at Acorn Hill before we start. This event will be held rain or shine. Limited to 12 families. Children are welcome and must be supervised.

Register online at: <https://acornhill.org/?p=5766>

This workshop is run by teacher and lead gardener, Carol St. John, winner of the 2017 Edible DC Judge's Choice award for Best School Garden at Potomac Crescent!



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