



Washington Area Waldorf Speakers Series Presents:

Sharifa Oppenheimer

The Green Earth, Children's Play and Your Child's Brain

Join Sharifa Oppenheimer, author of Heaven on Earth and With Stars in Their Eyes: Brain Science and Your Child's Journey Toward the Self for a Zoom Parent Evening

Oct 28, 8:00 to 9:30 p.m.

Sharifa will address the child's foundational need for a deep connection to nature and the freedom to play whole heartedly within nature's embrace. We will learn about the "Loose Parts" theory of creativity as it relates to brain development, as well as how to prepare a rich play environment for your child. We'll explore the dance of supervising children's play: when and how to step toward a tense situation and when to step back and allow children to practice their negotiation skills. We will also cover the child's need for age-appropriate "risky play" as well as both the child's and adult's development of risk assessment.

[Click Here to Join Zoom Meeting](#)

Meeting ID: 925 0499 6336

Passcode: w3wE4j



Sharifa's latest work, With Stars in Their Eyes: Brain Science and Your Child's Journey Toward the Self, presents traditional, gentle ways of educating young children through art, poetry, song, movement, stories, creative play and immersion in the natural world. She offers this wisdom with cutting edge research from brain science in support of the finest brain development. Sharifa was the founding teacher of the Charlottesville Waldorf School, where she taught kindergarten for twenty-one years and served as day care director of the early childhood program. She was the founder and director of the home-based early childhood program The Rose Garden, currently thriving under new ownership. Sharifa is the mother of three grown sons, who were educated in the Waldorf tradition. She lives with her husband in an enchanted forest in Virginia.