



Washington Area Waldorf Speakers Series Presents:

Creating Safe Harbor in the Storm

Young Children and the Pandemic Environment

with Liz Hagerman

We will discuss the impact of the pandemic on our children's social and emotional well-being, and the importance of parent self-care in meeting the challenges of parenting in the pandemic. This session is part presentation and part conversation. Discussion is geared toward the needs of the young child, age birth to 7.

Tuesday, March 8, 8-9:15 pm

Join us on Zoom:

<https://us04web.zoom.us/j/75135951102?pwd=3qb3PMiFwUuWN5gChFcjx6fiPqV1b8.1>

Meeting ID: 751 3595 1102

Passcode: z8BsZe



Liz Hagerman is a therapist at the Center for Family Well Being, a holistic integrative therapy practice for children, teens, adults, and families. She works with the youngest children up into the early grades. She is a Counselor, a board-certified Dance/Movement Therapist, early childhood professional. Since 2007, Liz has studied the Pikler® approach at the Pikler Institute in Budapest, Hungary and will soon become one of the first Certified Pikler® Professionals in North America. Liz has worked with young children and their parents in both school settings and therapeutically through play since 2001. She is also on the faculty of the Infant and Young Child Observation Program at WBCP. Liz is an advocate for connecting with nature, and in the summer, she fishes for salmon on her family's commercial fishing vessel in Alaska. She is also the mother of two amazing sons, now in their 20s, who are alumni of Acorn Hill and WWS.

